

ALL JAPAN  
SHITO-RYU KARATE-DO SEIKOKAI ASSOCIATION



INTERNATIONAL

[www.shitoryuseikokai.com](http://www.shitoryuseikokai.com)

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NEWS BULLETIN

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**Annual Dues**

This is a reminder for those of you who have **not yet** paid their annual dues to Shito Ryu Seiko Kai International.

**I want to thank those of you who have paid.**

If you paid and did not receive an email receipt from me, please let me know.  
If and when you do send money directly to the bank in Canada, please let me know the date and details by email.

For those of you who have not yet paid, please do so as soon as possible.

**Sri Lanka Tournament**

The International Tournament in Colombo, Sri Lanka has been postponed to May 24, 2008.

*For info contact* : Ruwan Satharasinghe : [ruwan@seikokaisl.org](mailto:ruwan@seikokaisl.org)

**British Columbia, Canada – Brown and Black Belt workshop.**

**Correction:** On the weekend of May 25 and 26 and not April 26 and 27 Sato sensei will conduct a workshop for Brown and Black Belts in Victoria, B.C. Canada

**New Web Address.** Germany has established a new website for the European Region of Seikokai. Address is <http://www.seikokai.dhammika-karatado.com/>. Australia has also established a new website <http://www.seikokaikarate.com.au>, the site is identical to the existing site shitoryaustralia.com but is seen as better from marketing purposes.



### **My favourite Karate tournaments**

I would like to write about my two favourite tournaments which I participated in. I was selected to participate in the 1st Seiko Kai Asia Cup Karate Championship organized by Japan Shito Ryu Seiko Kai Karate Do India. It was a very happy day for me. It was held from the 15th to 17th February 2008.

On the 13th of February we went to the Katunayake International Airport in Colombo. Our team had 15 participants from different schools in Sri Lanka. There were five participants from our school. I really enjoyed the journey in the flight. When we landed in Delhi it was very cold as it was midnight.

We all woke up a little late on the 14th of February as we were very tired. In the evening our team was registered and we had a Karate practice session with our coach.

The next day (15th) was very special day for me. There was big crowd at Babu Samaj Auditorium from other countries and also from different states of India.

After the grand opening ceremony we participated in a very important Shite and Tokui Kata Seminar conducted by Sensei Sato. The two seminars were very valuable and interesting for all Karate players. Sensei Wim Tewinkel taught the colour belts and a kobudo class in the evening.

During the next two days I was nervous as I had to participate in the 10-12 years Kata and Kumite events. Although I did not win a place. The events were very interesting and I enjoyed them very much. The Sri Lankan team won one gold medal, one silver and twelve bronze medals.

I would like to take this opportunity to thank Sensei Bharath Sharma and other members in the Shito Ryu Seiko Kai Do India. It was a good experience for all of us and we were very happy that we were able to share our experiences with the participants of other countries.

Shito Ryu Seiko Kai Cup 5th Annual Tournament was held on 1st of March 2008. It was organized by the Shito Ryu Seiko Kai Sri Lanka branch. The Chief Guest was International Instructor Sensei Wim Tewinkel and Guest of honour was Mrs. Mary Joe Tewinkel. More than 450 students participated from different schools and Karate clubs in Sri Lanka. I have participated in all the Annual Karate Tournaments which were conducted by Shito Ryu Seiko Kai Sri Lanka branch. I have obtained many awards and medals. 5th Annual Seiko Kai Karate Tournament was very special for me, because my school won the Championship & I am the deputy Captain of the school team. I was able to achieve the present 1st Dan Black Belt grade due to the commitment of my Instructor Sensei Ruwan Satharasinghe (Chief Instructor Sri Lanka branch), Sensei Ajith Abeyweera and Sempai Samantha Adurapola.

Both of these Tournaments were very well organized and successful. My best wishes go out to Shito Ryu Seiko Kai Karate Do.

Kaveen Samaranayake-1st Dan Black Belt(Japan)  
11 years  
Leeds International School  
Shito Ryu Sri Lanka Branch  
Sri Lanka.

## Kobudo Canada

Presiding over the **Shito-Ryu Suzuki-Ha Kobujutsu** Shodan Black Belt grading are **Akira Sato Shihan**, Vice-President and Chairman of Seikokai International, Marlon and Carole A'Hearn, Kobudo Chief Instructors for Canada, and Assisting, John Garcia. The grading was held at the Hombu Dojo, Vancouver, Canada on March 09, 2008.



Participating in the grading are **Stephen Leung** and **Robert Currie**, members of the Shito-Ryu Kobujutsu Dojo located at the National Nikkei Museum and Heritage Centre, B.C., Canada.

Sato Shihan's hospitality is world renowned. We arrived at the Hombu to find, not only John Garcia, preparing the venue with table and chairs, but also, Sato Shihan with

coffee in hand and a big welcoming smile which put everyone at ease and ready for the morning ahead.

The grading consisted of the traditional weapons of Bo, Sai and Tonfa. Proficiency in each weapon was required with basic techniques, kata and kumite. Kumite involved the students preparing their own defence and attacks with Bo vs Bo; Bo vs Tonfa; Bo vs Sai. Prior to taking the grading, a written paper was also required.

Stephen and Robert have progressed through 5<sup>th</sup> kyu (white belt) to 1<sup>st</sup> kyu (brown belt) by attaining each of the levels outlined in the Kobudo Technical Requirements for Kyu Grading. As well, they each have many years of experience in Martial Arts which complimented their kobudo training.



Stephen and Robert's dedication to the Martial Arts is exemplary. We wish them all of the good will and the dedication to carry forward the way of Kobudo. Needless to say, they have successfully attained their **Shodan** (1<sup>st</sup> Dan) Black Belt. **Congratulations!**

We are always looking for any news from around the world. No matter how small, please send it to us for inclusion in the monthly newsletter [newsletter@shitoryuseikokai.com](mailto:newsletter@shitoryuseikokai.com)

**Seiko-Kai International**  
**Japan, Canada, Argentina, Venezuela, Ghana, India, Sri Lanka, Nepal, Macau, Chile**  
**Philippines, Australia, Iran, Saudi Arabia, Germany, Portugal, USA, Switzerland,**  
**Bangladesh**