

ALL JAPAN  
SHITO-RYU KARATE-DO SEIKOKAI ASSOCIATION



INTERNATIONAL

[www.shitoryuseikokai.com](http://www.shitoryuseikokai.com)

---

NEWS BULLETIN

Volume 5

Issue 8

August 08

### Portugal

From 27<sup>th</sup> to 29<sup>th</sup> of June, Liga Portuguesa de Karate organized their 2<sup>nd</sup> Gasshuku. All the participants stayed at the CHESOL Dojo. Most of the participants started arriving Friday night for the 7:30 am karate beach practice. After two hard hours it was beach game time. From soccer to rugby everybody even the participants that would do belt test in the afternoon were playing with soul.

After lunch we had typical contest games with spiting olives, noose racing, double speed orange etc all had heaps of fun.

After games belt test time arrived, everybody gave their best and showed the technique development due to hard practice. To celebrate the end of another karate season and the good results from the belt test, we had a barbecue party with a award ceremony at the end. At the party we had the pleasure to join more friends that couldn't participate during day activities.

The awards ceremony had different levels. We had dedication award as Instructor, as karate practiser, as referee, as competitor and as webmaster. The night ended late with music and chat.

Sunday morning the beach practice start early but the weather didn't help and the cold winds made it even harder karate



Following training they went to the cliff face and did some climbing. For some this was the first time climbing. The challenge imposed by friends lead to almost everybody doing the climb and face their fears on being held by a thin rope, even small kids managed quite well.



Everybody enjoyed the gasshuku and wished at the end to participate again next year.

## Australia

Two of students from the Hombu dojo represented their State at the Australian Karate Federation National Championships in Perth.

Chloe Bridgman competed in 10 years Kumite placing 4<sup>th</sup> and 10-11 years Kata placing 4<sup>th</sup> also.



Melanie Singh competed in 15 years Kumite placing 4<sup>th</sup> and 14-15 years Kata placing 4<sup>th</sup> also.

It was the girls first year of competition and was a great result for all the months of hard work.

We are always looking for any news from around the world. No matter how small, please send it to us for inclusion in the monthly newsletter [newsletter@shitoryuseikokai.com](mailto:newsletter@shitoryuseikokai.com)

## Seiko-Kai International

Japan, Canada, Argentina, Venezuela, Ghana, India, Sri Lanka, Nepal, Macau, Chile Philippines, Australia, Iran, Saudi Arabia, Germany, Portugal, USA, Switzerland, Bangladesh