

**ALL JAPAN
SHITO-RYU KARATE-DO SEIKOKAI
ASSOCIATION**



INTERNATIONAL

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India



The Indian Karate team consist of 108 players successfully participated in 5th Commonwealth Karate Championship held at Johannesburg, South Africa from 15th to 17th of October, 2009.

Sensei Bharat Sharma (Seiko Kai Representative of India) was the Coach of Indian Karate Team, and Indian Karate Team has won 5 Gold, 7 Silver and 52 Bronze Medals. Indian Team also got the best team trophy.

Sensei Bharat Sharma has also been appointed as the Indian Karate team coach for the forthcoming 6th WKF World Cadet and Junior Karate Championship to be held at Morocco from 15th to 17th November,2009.

Argentina



Sensei Delirio Sotelo will participate for Argentina in the WUKO world tournament (November) in Guadalajara in Mexico in the masters division. He has also been certified by WUKO as a continental referee.

South Africa



17 members of Henri Eksteen sensei's dojo went to the South African National All Styles (WUKF) Championships recently and brought back an incredible 17 medals of which 3 were Gold, 5 Silver and 9 Bronze. 3 karateka's including Eksteen's son,

Matthew who is standing at the back of the picture next to him, were chosen for the S.A.National All Styles squad to receive Springbok colours in order to partake at the 2010 World WUKF Championships in Brazil. His organization was voted as the best on the day with these exceptional results.

Personal connections

Have you ever noticed how easy it is to read over an email and put it out of mind and after a few days it will disappear from your screen.

It is easy to do, but if you are the one sending out an invitation for a tournament or whatever that is important for you, you have wasted your effort and since you do not get a reply you do not know if the message got through.

A telephone call is often more personal and more effective. It works best if you know and have met each other.

I like to suggest that we all make efforts to meet each other. If you have a chance to go to another country or if you are in or near a country where we do have members get to know each other and meet.

Then when the time comes that you have to organize an international tournament you can make a simple phone call and make sure your message gets through.

Wim Tewinkel

Australia



What a great weekend of training was the agreed consensus from the Australian Branch, Suzuki Sensei had finally made it "Down Under".

Accompanying Suzuki Sensei was Aono Sensei, Takano Sensei, Okada Sensei, Ohgiya Sensei, Kanno Sensei and Yokoyama Sensei. It was the first trip to Australia for all 7 of them.



During their visit they were taken to Surfers Paradise/ Gold Coast to see some of our wonderful beaches, Australia Zoo where they were able to hand feed Kangaroos and touch Koala's.

This in its self was a great experience. Kanno Sensei had always said he wanted to hug a Koala, but he had to settle for a touch as they can be fierce creatures at times.



Another Australian tradition that they experienced was having a rather large steak for Dinner. All of them struggled through this with some being unable to complete their meal. Suzuki Sensei however battled on and managed to finish and keep up with us "Aussies".

Suzuki Sensei held 6 training sessions with Ohgiya Sensei doing the translating. These were broken up as follows, 2 sessions were for coloured belts, 2 sessions for brown and black belts a kids session and a combined adults class.

Sensei concentrated on Heian (Pinan) kata for the coloured belts and kids class. In the brown and black belts class the groups also worked on Heian Kata as well as Bassai Dai and Seienchin.



The time went so quick, with many students over loaded with information. Sensei took great pleasure in giving everyone an insite into kata and the means behind each one. Suzuki Sensei really was in his element encouraging us to practice repeatedly.

Sensei taught "Seisan" to the brown and blackbelts so that they could remember his visit and say that they learnt this kata directly from him.



A BBQ/farewell party was held in Suzuki Sensei's honour. Approx 40 people attended the party.



The beer flowed freely and the steak and prawns were fantastic. All of our guests had a great time.



A local photographer who is a personal friend of Colin Sensei took many professional shoots, with one being used by the local newspaper that did a write up of Suzuki Sensei's visit. (Article is attached to the newsletter as a separate file).

To cap off a great weekend Suzuki Sensei took off his Belt and handed it to Colin Sensei to keep. This was such a surprise and we are in the process of getting it professionally framed so that it can hang in the dojo to mark his first visit to Australia.

Seiko-Kai International
Japan, Canada, Argentina, Venezuela, Ghana, India, Sri Lanka, Nepal, Macau, Chile, Philippines, Australia, Iran, Saudi Arabia, Germany, Portugal, USA, Switzerland, Bangladesh,